



SCHEDULE FOR 2023 BSSF SENIOR SCHOOL TRACK AND FIELD

DAY 1 TUESDAY MARCH 14th

TIME	EVENT	AGE	TIME	EVENT	AGE
10:00	Discus	U16 Boys	1:00	100m heats	U16 Girls
	Triple Jump	U16 Girls		100m heats	U16 Boys
	High Jump	O16 Girls		100m heats	O16 Girls
	Shot Put	O16 Girls		100m heats	O16 Boys
10:00	200m heats	U16 Girls	2:00	800m heats	U16 Girls
	200m heats	U16 Boys		800m heats	U16 Boys
	200m heats	O16 Girls		800m heats	O16 Girls
	200m heats	O16 Boys		800m heats	O16 Boys
11:00	3000m Finals	U16 Girls	1:30	Discus	O16 Girls
	3000m Finals	U16 Boys		Triple Jump	O16 Boys
	3000m Finals	O16 Girls		Shot Put	U16 Boys
	3000m Finals	O16 Boys	2:30	Javelin	U16 Girls
Discus	U16 Girls	Long Jump		O16 Girls	
11:00	Triple Jump	U16 Boys			
	Shot Put	O16 Boys			
12:00	400m heats	U16 Girls			
	400m heats	U16 Boys			
	400m heats	O16 Girls			
	400m heats	O16 Boys			
12:30	Discus	O16 Boys			
	High Jump	U16 Boys			
	Triple Jump	O16 Girls			
	Shot Put	U16 Girls			



SCHEDULE FOR 2023 BSSF SENIOR SCHOOL TRACK AND FIELD

DAY 2 FRIDAY, MARCH 17th

TIME	EVENT	AGE	TIME	EVENT	AGE
5:00	Javelin	O16 Girls	7:00	Javelin	O16 Boys
	Long Jump	U16 Boys		Long Jump	U16 Girls
	High Jump	O16 Boys			
6:00	200m Finals	U16 Girls	7:55	800m Finals	U16 Girls
	200m Finals	U16 Boys		800m Finals	U16 Boys
	200m Finals	O16 Girls		800m Finals	O16 Girls
	200m Finals	O16 Boys		800m Finals	O16 Boys
6:00	Javelin	U16 Boys	8:30	4x100m Relay	U16 Girls
	Long Jump	O16 Boys		4x100m Relay	U16 Boys
	High Jump	U16 Girls		4x100m Relay	O16 Girls
				4x100m Relay	O16 Boys
6:30	1500m Finals	U16 Girls			
	1500m Finals	U16 Boys			
	1500m Finals	O16 Girls			
	1500m Finals	O16 Boys			
7:00	400m Finals	U16 Girls			
	400m Finals	U16 Boys			
	400m Finals	O16 Girls			
	400m Finals	O16 Boys			
7:30	100m Finals	U16 Girls			
	100m Finals	U16 Boys			
	100m Finals	O16 Girls			
	100m Finals	O16 Boys			